

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HAPPY BIRTHDAY !! Janis Bertrand, Joe McNaughten, Will Spriggs, Lois Tyer, Nancy Cunningham, Gladys Tatom, Mark Coody, Billy Barlow, Nelda Doyen, Jeannie Shelnutt, Bennie Henderson, Scott Rodabaugh, Roy Alford, Dave Ross			*MENU SUBJECT TO CHANGE WITHOUT NOTICE**	1. Beef vegetable Soup Turkey Sandwich Chips
4. CLOSED LABOR DAY	5.SENIOR BINGO Enchiladas Tossed Salad Refried Beans	6. Pork Roast Black eyed Peas Greens	7. BBQ Chicken Potato Salad Baked Beans	8.Lone Star Legal Fried Fish French Fries Carrots
11.Tamales/Chili Pinto Beans Tossed Salad	12. Spaghetti Beets Green Beans	13.Chicken Fried Steak Corn Greens	14. Oven Fried Chicken New potatoes Cabbage	15.ADAC BINGO Gumbo Potato Salad Rice
18. Beef Patty & Onions Corn Squash	19. Crockett Palestine Resource Center for Independent Living Baked Fish Potato Salad	20Chicken Spaghetti Mixed Vegetables Tossed Salad	21. HARBOR HOSPICE BINGO Chili Dog W/ Tots Tossed Salad	22.Turkey Dressing Sweet Potatoes Sweet Peas
25. SENIOR ART Hamburger French Fries Lettuce & Tomato	26.Ham Black eyed peas Cabbage	27.ADVANTAGE PLUS BINGO Meat Loaf Mashed Potatoes Broccoli	28 SENIOR ART Taco Salad Nacho Cheese Mexican corn	29.Liver & Onions OR Smoked Sausage Pinto Beans Cole Slaw

EAST SABINE SENIOR SERVICES INC.

SEPTEMBER 409-787-2490 561 STARR ST LUNCH 11:00- 12:15 M-F 2023