

OCTOBER

EAST SABINE SENIOR CENTER

2021

0001/0001

EAST SABINE SENIOR CENTER

10/01/2021 12:50PM FAX +4097873784

HAPPY BIRTHDAY!! John Adams, Johan Andrews, Shannon Castilaw, Betty Ems, Mark Gandy, Tammy Miller, Wendell Nelson, Wiletha Owens, Eugene Tatom, Juanita Ward, Archie Walls, Jimmie Lou Williams.

MENU SUBJECT TO CHANGE AT ANY TIME

1 Chili Dogs
Tots
Tossed Salad

4 Beef Tips
Butter noodles
Corn
Okra & Tomato

5 Potato Soup
Turkey Sandwich

6 **SENIOR BINGO**
Pork Roast
Black Eyed Peas
Greens

7 Baked Fish
Potato Salad
Carrots

8 Oven Fried Chicken
Mashed Potatoes
Collard Greens

11 Beef Macaroni
Broccoli

12 **ADAC BINGO (A)**
Enchiladas
Refried Beans
Tossed Salad

13 Chicken & Dumplings
Broccoli
Tossed salad

14 Tuna Salad
Lettuce & Tomatoes
Potato salad

15 **ADAC Bingo (V)**
Liver & Onions or smoked sausage
pinto beans
cabbage

18 Chicken Fried Steak
Mashed Potatoes
Green Beans

19 Alzheimer's Support group
Home Made Chili
Pinto Beans & Rice
Tossed salad

20 **SENIOR BINGO**
BBQ Chicken
Okra
Baked Beans

21 Gumbo
Rice
Potato Salad

22 **HARBOR HOSPICE BINGO**
Fried Fish
French Fries
Carrots

25 Meatblis/ gravy
New Potatoes
Spinach
Tossed Salad

26 Chicken Spaghetti
Broccoli
Beets

27 BBQ stuffed Potatoes
Cole slaw
Okra

28 Tamale Pie
Pinto Beans
Tossed Salad

29 **Hillside Bingo**
Meat Loaf
Mashed Potatoes
Broccoli

561 STARR STREET

LUNCH M-F 11:00-12:15

409-787-2490